

Anaphylaxis during Anaesthesia

Post Crisis Management

Once Situation is Stabilised

Consider Steroids

Dexamethasone 0.1 - 0.4 mg/kg
(Paediatric maximum 12 mg)

Hydrocortisone 2 - 4 mg/kg
(Paediatric maximum 200 mg)

Consider ORAL Antihistamines

Consider oral non-sedating Antihistamines
when patient able to take oral medications

IV/IM Antihistamines

NOT RECOMMENDED

Consider: Proceed/Cancel/Postpone Surgery Postoperative ICU/HDU monitoring

Investigations

- **Tryptase**
 - Immediately
 - 1 hour
 - 4 hours
 - > 24 hours
- Use serum (SST) or plain tube
- Other investigations as clinically indicated
- Coagulation screen if proceeding with surgery

Observations

- Monitor closely for 6 hours
- Consider 24 hours ICU/HDU if moderate to severe
- Anaphylaxis may persist for >24 hours despite aggressive treatment

Letter with Patient: Reaction Description + Agents Used
Refer Patient for Allergy Assessment and Testing
For referral form & to locate nearest testing centre go to
www.anzaag.com